Contemporary Nursing Practice
Two Must Have Updates

GOLD COAST

WHEN
30 & 31 March 2017

VENUE
The Quality Hotel

WHERE
Mermaid Waters

BOOKINGS
Book On Line

info@nursesfornurses.com.au
07 4151 3884 | www.nursesfornurses.com.au
As a Registered Nurse, there are a plethora of skills that you are required to master in order to achieve the best possible outcome for your patient or client.

However there are two key skills that require constant updating, these are Wound Management and Clinical Leadership.

Wound Management because you need to provide best practice wound management for your clients otherwise the outcome for them could be far worse than it should be and Clinical Leadership because unless you can get people to do what you need them to do, again the outcome for your client could less than ideal.

In this Seminar program, you can update your skills in both areas. The two days are divided into two separate seminars. You can choose to attend one or both.

**Nursing Leadership Seminar**

The first session in this seminar focuses on the key “soft” skills that an expert clinician requires to transition to an expert team leader. We will explore the dynamics of a team that changes every shift, that spans four generations (millennials through to baby-boomers) and extends through all Patricia Benner’s skill levels (from novice to expert).

The second session discovers the key leadership traits that the contemporary Registered Nurse needs to succeed in the Health Care sector today. Leadership and change management skills will be critical to success in our dynamic and ever-changing professional environments.

**Best Practice Wound Care Management Seminar**

The first session investigates chronic wound management as a key nursing task - but one that can prove difficult unless you have the most up to date knowledge to undertake a comprehensive wound assessment and then select the correct dressing product to address the issues surrounding wound management for the individual.

The second session explores what constitutes a ‘Hard to Heal’ or ‘Complex Wound’. The contributing factors to the formation of a Hard to Heal / Complex wound will be discussed in detail, along with current best practice Nursing Management Strategies aimed at stimulating these wounds to progressively heal.
Cheryl Dezotti
The Nurses for Nurses Network

Cheryl is a Registered Nurse and holds a Masters Degree in Quality in Health Care.

Cheryl has worked in both the acute and aged care sectors as a clinician and extensively in health care education and management. She has a passion for wound care and has lectured on the subject extensively both in Australia and Internationally.

Her work has made her acutely aware of the importance of keeping up to date with best practice guidelines and their practical application in the workplace. Cheryl is the author of Wound Assessment Practical Tips which is available free to download to Members of the Nurses for Nurses Network.

Nicole Nash-Arnold
Nurse Manager HQ

Nicole Nash-Arnold is a nursing career coach who helps great nurses transform into respected leaders. She shares her 15 years of experience in both senior and executive health leadership roles to germinate great leadership.

Clinically, Nicole has over ten years peri-operative experience before moving into her nurse educator and management roles.

She has post-graduate qualifications in peri-operative nursing and currently a Masters In Nursing. Nicole is a member of the International Coaches Federation.
Day 1 - 30 March 2017

0830 - Registration and Morning Coffee

0900- 1230: Nursing Leadership Team Leading | CPD 3.5

This session focuses on the key “soft” skills that an expert clinician requires to transition to an expert team leader. As nurses, our core “deliverable” is optimal patient outcomes, and as we move into senior roles, including shift coordinating right through to middle and senior management, understanding how to get the best out of our team is essential to delivering on that primary goal.

In this session, we will explore the dynamics of a team that changes every shift, that spans four generations (millennials through to baby-boomers) and extends through all Patricia Benner’s skill levels (from novice to expert) and how you can be the architect of that group to achieve a well-integrated and dynamic team.

By the end of the session, you will:

- Understand the fundamental motivators of a team
- Apply knowledge to map your team in various models to identify strengths and weaknesses
- Develop key communication skills to manage difficult personalities
- Apply skills developed to challenge behaviour
- Learn how to manage performance and improve outcomes

Morning Tea will be provided during this session

1230 - 1315 - Lunch is served (whether attending the afternoon session or not)

What's Included

- Up to 14 hours of CPD
- Beautiful Morning Tea and/or Afternoon Tea and Lunch on both days
- Printed material necessary to undertake the workshops
- Supporting notes and documentation on a USB stick
- Two presenters that are recognised specialists in their chosen fields, skilled and experienced Registered Nurses (RN) that understand the health care industry well, including the workloads and workplace issues that RNs face on a daily basis.
1315 - Registration

1330 - 1700: Wound Management

Chronic Wound Management | CPD 3.5

Chronic wound management is a key nursing task, but one that can prove difficult unless you have the most up to date knowledge to undertake a comprehensive wound dressing assessment and then select the correct dressing product to address the issues surrounding wound management for the individual.

In this session, Cheryl will review the physiology of the skin with a focus on the implication for wound assessment and discuss the different types of wounds that fall into the chronic wound category.

The principles of wound management will be explored with reference to the Australian Wound Care Standards. You will explore the common intrinsic and extrinsic variables that impact the management of chronic wounds. Via a number of different scenarios participants will be able to apply the principles of chronic wound management and debate the selection of correct wound care products.

In this session you will:

- Gain an understanding of Best Practice Chronic Wound Assessment
- Attain knowledge to successfully conduct a comprehensive wound assessment
- Understand the issues in wound product selection
- Learn, how when and what to document
- Gain an understanding of the practical use of photography
- Receive practical tips for dealing with chronic wounds when time and resources are limited

Afternoon tea will be provided during this session.
Day 2 - 31 March 2017

0830 - Registration and Morning Coffee

0900- 1230: Wound Management
Hard to Heal (Complex Wounds | CPD 3.5)

In this session, Cheryl will explore what constitutes a ‘Hard to Heal’ or ‘Complex Wound’. Contributing factors to the formation of a Hard to Heal / Complex wound will be discussed in detail, along with current best practice Nursing Management Strategies aimed at stimulating these wounds to progressively heal.

Via a number of different scenarios participants will be able to apply the knowledge gained in reviewing hard to heal & complex wounds to debate accurate wound care strategies to support the wounds healing.

In this session you will:

- Gain an understanding of what defines a ‘Hard to Heal’ & ‘Complex Wound’
- Attain knowledge of the signs and symptoms that indicate a wound will be hard to heal
- Learn about key factors that contribute to Hard to Heal & Complex Wounds including Biofilm, specific comorbidities and care driven factors
- Gain knowledge regarding the use of topical antimicrobials in wounds
- Receive information that you can apply in the workplace to effectively reduce the incidence of Hard to Heal Wounds and enhance wound healing

Morning tea will be provided during this session

1230 - 1315 - Lunch is served (whether attending the afternoon session or not)
1315 - Registration
1330 - 1700: Nursing Leadership Effecting Change | CPD 3.5

This session focuses on the key leadership traits that the contemporary Registered Nurse needs to succeed in the Health Care sector today. Leadership and change management skills will be critical to success in our dynamic and ever-changing professional environments.

To develop skills in effecting change, we will explore how to determine where the key areas of need are in your team providing care delivery. It is important that the RN working in the Health Care Industry is aware of these concepts. We will explore critical areas of identifying opportunities and how to implement them as projects.

By the end of the session, you will:

- Understand the core personality traits of the transformational leader
- Apply knowledge to identify the difference between management and leadership
- Understand the 7 stages of a leader’s development and how to transition from expert to leader
- Learn how to implement the principles of project management to changing practice in the health care sector
- Identify opportunities and feasibility for best practice
- Understand how to think creatively and innovatively to disrupt the norm to improve practice
- Implement process re-engineering to effect change

Afternoon tea will be provided during this session.
Networking

On Thursday we would like to invite you to join us from 1730 – 1830 for a drinks and discussion session.

In a lovely social setting, we will be able to reflect on the information shared that day and discuss issues that are impacting on our role as Nurses in a multitude of practice settings.

NfN Members | Non-Members
---|---
FREE | $15.00

Accommodation

If you are travelling to the gorgeous Gold Coast to attend the Seminar/s, we have been able to secure discounted room prices at the Quality Hotel Mermaid Waters for anyone attending the NfN Seminar.

Bed & Breakfast Rate per night
Twin Share $150/room  Triple Share $195/room

After payment for the seminar has been made we will send you a PROMO code to claim the discounted rate.
## The Cost

### Option 1 - The Full Program

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### Option 2 - Nursing Leadership Only

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### Option 3 - Wound Management Only

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